

Medicinal Plant Images

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Figure 1. *Syzygium jambos* Alston (syn. *Eugenia jambos* L.; *Jambosa jambos* Millsp.; *Jambosa vulgaris* DC.; *Caryophyllus jambos* Stokes) is an evergreen tree of the family Myrtaceae. It is native to Southeast Asia where it is grown both as a food and for its medicinal properties. *S. jambos* has been used as a general tonic as well as for the treatment of a wide variety of diseases and medical conditions including fever reduction, as well as the treatment of asthma, bronchitis, diabetes, diarrhoea, dysentery, epilepsy, rheumatism and catarrh. It is also used as an analgesic and an anaesthetic. The antimicrobial activity of this species in particular has been the focus of recent investigations.^[1] Several other species of the genus *Syzygium* from Africa,^[2,3] Asia^[4,5] and Australia^[6–8] have also previously demonstrated good antimicrobial activity. The photograph shows *S. jambos* fruit displayed for sale at a market in Thailand in February 2012.



Figure 2. The genus *Xanthorrhoea* (Australian grasstrees) is a small genus of slow growing and very long living plants which are endemic to Australia. The leaves of one species, *Xanthorrhoea johnsonii*, have recently been shown to display toxicity towards brine shrimp^[9,10] and have an anaesthetic/sedative effect.^[11] Recent studies have determined the phytochemical composition of *X. johnsonii* leaf extracts and identified o-hydroxycinnamic acid as the compound likely to be responsible for the sedative effect.^[12] The same study postulated that this compound may produce its sedative effect by altering endogenous serotonin levels. Interestingly, the sedative effect has only been detected for leaves taken from plants during drought conditions. Leaf extracts from the same plants during times of high rainfall lack the sedative effect. It is therefore likely that whilst this compound may be constitutively expressed at low levels, its production is up-regulated during times of stress to function as a chemical deterrent to foraging animals and thus has a protective role in *X. Johnsonii*.

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